Tulsidas (writer of these verses) is an eternal devotee of Lord Hari. O Hanuman, kindly reside in my heart forever.

Doha

O Sri Hanuman, the son of Pavana, savior, the embodiment of blessings, reside in my heart together with Sri Ram, Laxman, and Sita.

Hanuman Chalisa [1]

Doha

With the dust of Guru's lotus feet, I fiirst clean the mirror of my heart and then narrrate the sacred glory of Sri Ramachandra, the supreme among the Raghu dynasty, the giver of four fold attainments of life. (The fourfold attainments are Kama, Artha, Dharma, Moksha i.e. pleasure, wealth, religious-merit and salvation.)

Knowing myself to be ignorant, I urge you, O Hanuman, the son of Pavan (wind god)! O Lord! Bestow on me strength, wisdom and knowledge, taking away all my miseries and blemishes.

Chaupai

Victory to Thee, O Hanuman, ocean of wisdom and virtue, victory to the Lord of monkeys who is well known in all the three worlds.

You, the messenger of Ram and repository of immeasurable strength, are also known as Anjaniputra (son of Anjani) and Pavanaputra.

Mighty, powerful and strong, as lightning, O Mahaveer, you being the companion of wisdom, dispel dark and evil thoughts.

O! golden hued Hanuman, you look beautiful with earstuds and curly hair.

You hold the mace of lightning and a flag in your hands with the sacred thread of Munja grass adorning your shoulder.

Reincarnation of Lord Shankar and the son of Kesari, your lustre and glory is praised by the whole world.

The master of all knowledge, full of virtue and wisdom, you are always eager to serve Lord Ram.

Immersed in listening to hymns on Lord, in your cherished heart do, Ram, Laxman, and Sita dwell.

While you presented your humble form to Mother Sita, you assumed demonic size and burnt the city of Lanka.

In your colossal manifestation, you killed the demons, fulfilling your Lord's mission.

You revived Laxman with the Sanjivani (nectarine herb, said to revive the dead) you brought and Sri Ramachandra embraced you in deep joy.

Sri Ramachandra said you were as dear as his brother Bharat and praised you highly.

The lord of Lakshmi (Sri Ram) embraced you saying that Sheshanaga (the thousand hooded divine serpant carrying earth's weight on his hoods) sings your glory.

Not only Sheshanaga but also Sanaka, Brahma (the creator of the universe) and other gods, Narad, Sharada (the goddess of knowledge) and other sages eternally sing your praise.

What to speak of poet and seers!, even Yama (the god of death), Kuber (the god of wealth), and Digpal (the god(s) of directions) have no words to praise your glory.

You helped Sugriva (brother of Vali who with the help of Rama was crowned as king of Kishkindha) win back his crown with the blessings of Rama.

Vibhishana (brother of Ravana, crowned as king of Lanka after Ravana's death), accepting your counsel, became the king of Lanka, is known throughout the world.

You swallowed the sun, millions of miles away, taking it to be a sweet fruit.

Keeping the Lord's ring in your mouth, you conquered the mighty ocean (in search of Sita.)

With your grace all the impediments and the difficulties in the world can be overcome easily.

No one can enter Rama's abode without your consent, O sentinel of the Lord.

By your grace, one can enjoy all happiness and one need not have any fear under your protection.

When you roar, all the three worlds tremble, and only you can control your might.

Evil spirits cannot come near your devotees, Lord Mahaveer, who chants your name.

Chanting your name constantly, O Hanuman, one can be cured of all disease and pains.

Hanuman keeps one, who has him in his heart, deed, word and meditation, free from all troubles.

The ascetic king Sri Ram is the ruler of all and you even accomplished all his missions.

Whoever comes to you for fulfilment of any desire, achieves great fruition in his life.

Your glory is acclaimed in four Yugas (satayug, dvapar, treta, and kalyug) and your radiance is spread all over the cosmos.

Sri Ram has great affection for you, O Mahaveer, the decapitator of evil spirits and protector of saints.

You are blessed by mother Janaki (Sita) to grant anyone with any of eight siddhis and nine nidhis.

You, with the ambrocia that is Ram, are always in the service of Lord Raghupati (king of Raghu dynasty i.e. Ram.)

One can reach Ram chanting your name and become free from sufferings of many lives.

After death, he enters the eternal abode (Vaikunth) of Sri Ram and remains a devotee of him, whenever, taking a new birth on earth.

Other gods may not care to take heed, but one who serves you, O Hanuman, enjoys all pleasures.

Sri Hanuman, the mighty God, remove all the problems and pains of those who invoke you.

Hail, thee Hanuman, be as compassionate to me as my Supreme teacher.

He who chants this prayer a hundred times, is liberated from earthly bondage and enjoys the highest bliss.

He who reads these forty verses as, Lord Shankar witnesses, overcome all troubles.